

Book Group: The Mysterious Misadventures of Foy Rin Jin a Decidedly Dysfunctional Dragon

Job Coaches: Sentences that are in bold (like **this**) are to be read outloud.

Sentences that are not bolded (like this) are notes to help you run the group.

1

15 minutes of work appropriate chat.

15 minutes of self-regulation (stretching/movement, meditation, etc)

2

Today we are going to start with a story called *The Mysterious Misadventures of Foy Rin Jin a Decidedly Dysfunctional Dragon* (Read book to group)



3

What happened in the beginning of the book? (Record client responses on whiteboard).

Foy Rin Jin was sad that he was different from other dragons in his community.

4

What happened when Foy Rin Jin tried to join a new community? (Record client responses on the whiteboard).

Foy Rin Jin had trouble fitting in.

5

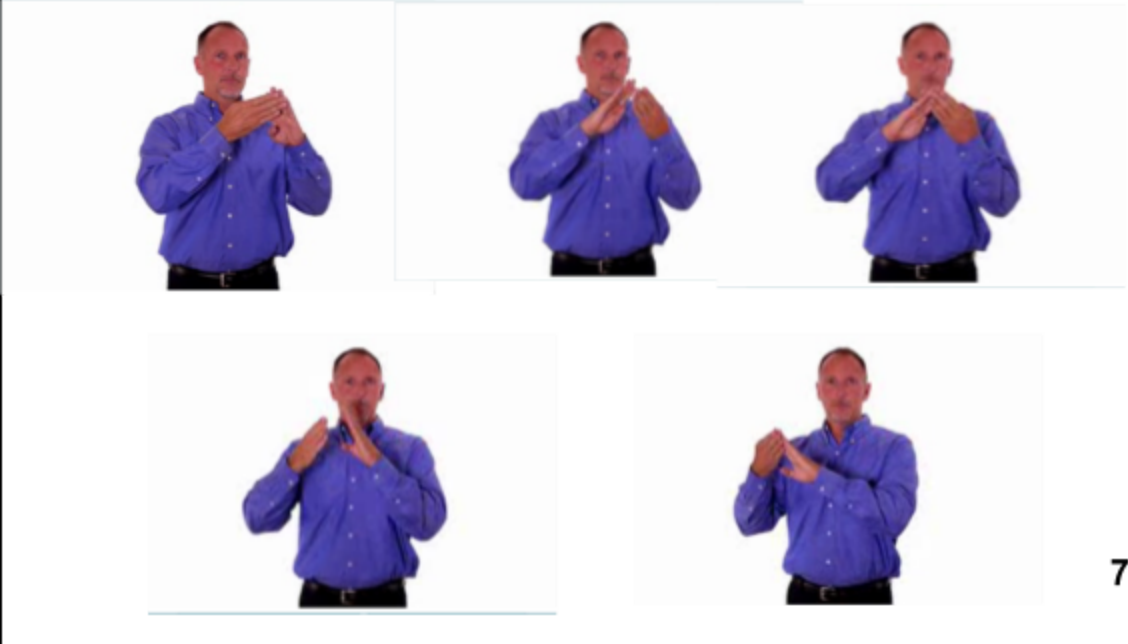
What happened when Foy Rin Jin put out the fire? (Record client responses on the whiteboard)

People began to get to know him and eventually he was accepted in his new community.

How do you think Foy Rin Jin felt to be accepted by his new community? (Record client responses on the whiteboard).

6

Does anyone know the sign for community?



7

Does anyone know what the word community means? (Record responses on the whiteboard).

One way to describe community is a group of people who either live together or are connected in a different way.

8

Let's give some examples of different types of groups we might be a part of. (Record on whiteboard). Examples might be family, coworkers, school, faith community, special olympics, CSN, etc.

9

What groups or communities are you a part of? (Discuss)

How does it feel to be a part of a group or community?
(Discuss)

Why is it important to be a part of a group or community?
(Discuss)

10

Community Support Network is a community. What makes us a community? (Discuss) Examples: We work together, we spend time together, we learn together, we support each other, etc.

11

Many people belong to the CSN community, let's make a list of who belongs here. (ex. clients, job coaches, coordinators, directors, collaboration staff, visitors from the community).

12

We all belong here, but sometimes when we are uncomfortable or worried, we might feel like we don't belong.

What are some feelings that we might have when we feel like we don't belong? (Examples: scared, hurt, confused, etc.)

13

How can we make sure our peers feel like they do belong?
(Discuss).

Examples: say "hi", be polite, ask people how they are doing, share about how yourself and ask others to share about themselves, keep hands to ourselves, talk to job coaches if you are having a problem, etc)

14

**Thank you all for participating in today's activity about
community.**

Use remaining time to play games, read, etc.

Any comments about how the group went today (what worked well,
what was hard, etc.) can be left on the note card after this page.